# Good Shepherd Catholic School



# Lunch

# Introduction

Lunch in school serves multiple purposes; it is a time to replenish and nourish as well as a time to socialize and get a brain break. It is important to provide all these goals and keep children safe.

# **Philosophy**

A foundational premise when designing a safe lunch environment is the concept of maintaining cohorts and social distancing. The CDC and other health agencies to help control the spread of any viruses and manage any possible outbreaks recommend the use of cohorts.

#### **Process**

- 1. Students will wash/sanitize hands before lunch.
- 2. Students will have lunch in the classroom with their cohort.
- 3. Students will remain socially distant during lunch.
- 4. The desks will be wiped down before and after each meal.
- 5. Students will bring a towel or cloth napkin to cover their desk at lunchtime.
- 6. The students may not share food.
- 7. NDS will be providing meals. Meals and utensils will be served directly to the student and prepackaged when possible.
- 8. If you are packing a snack or lunch for your child, please make sure it is in a package, container, or baggie that the child can open.
- 9. Students will wash hands after lunch.