



JANUARY 2019

Nutritional Development Services
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

Monday

Tuesday

Wednesday

Thursday

Friday

2019

1

2

3

4

Orange Cranberry Muffin
Apple-Cherry Juice
Fresh Fruit

7

Cinnamon Toast Crunch Cereal
Fruit Punch Juice
Dole Tropical Fruit Cup

8

Bacon, Egg & Cheese on Toast
Apple Juice
Fresh Fruit

9

Chocolate Chip Muffin
Grape Juice
Raisins

10

Cinnamon Raisin Bagel
Orange Juice
Fresh Fruit

11

Apple Cinnamon Muffin
Fruit Punch Juice
Fresh Fruit

14

Apple Jammer Stick
Apple-Cherry Juice
Fresh Fruit

15

Orange Cranberry Muffin
Orange Juice
Dried Fruit Blend

16

Apple Cinnamon Cheerios
Apple Juice
Bagged Apples & Grapes

17

Turkey & Cheese Croissant
Grape Juice
Fresh Fruit

18

Apple Baked Frudel
Apple-Cherry Juice
Fresh Fruit

21

Pillsbury Berry Blast Mini French
Toast
Fruit Punch Juice
Raisins

22

Apple Fruit Pocket
Apple Juice
Fresh Fruit

23

Bacon, Egg & Cheese on Toast
Orange Juice
Fresh Fruit

24

Strawberry Mini Bagel
Orange Mango Applesauce
Fried Fruit Blend

25

Chocolate Chip Muffin
Fruit Punch Juice
Fresh Fruit

28

Raisin Bran Cereal
Apple-Cherry Juice
Fresh Fruit

29

Cinnamon Bagelfuls
Apple Juice
Dole Tropical Fruit Cup

30

Apple Cinnamon Toast
Orange Juice
Fresh Fruit

31

Rebel Apple Delight Crumble
Fruit Punch Juice
Bagged Sliced Apple

Pre-K students receive one serving of fruit, no juice, and only unflavored milk at breakfast.

