







# JANUARY 2019

“Healthy eating = happy living.”— Winning Slogan by Morgan Hicks, grade 6  
From From St. Peter the Apostle School

**Nutritional Development Services**  
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich.

Monday	Tuesday	Wednesday	Thursday	Friday
	1 <i>Happy New Year</i>	 2	 3	 4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	1