

# **Nutritional Development Services (NDS)**

## **Hot Lunch Program**

Dear Parents/Guardians:

Welcome back to what will be another great year with our Hot Lunch Program, thanks to our partnership with Nutritional Development Services, an agency within the Archdiocese of Philadelphia! The Hot Lunch Program is FREE to EVERYONE! This school year, our Program begins on Monday, September 11.

A choice of white or chocolate milk is included with each hot lunch meal.

Each month, a lunch menu will be posted on the GSC Website. Orders will be taken daily in the classrooms. Please be sure your child/ren knows/ if and when they should order lunch. Due to strict time restraints, we cannot add to the orders after 10:00 a.m.

If you will be ordering meals and your child has an allergy, it is imperative that you inform the school. Please be sure to indicate if your child could have an anaphylactic response.

Breakfast will continue again this year, and this cost also is FREE to ALL students, even if you don't participate in the lunch program. Each meal includes a grain (cereal, muffin, bagel, etc.), two choices of fruit (fresh fruit, juice, etc.), and milk. Breakfast is served from 7:15 a.m. to 7:45 a.m. Along with the lunch menu, a monthly breakfast menu will be posted at <https://www.gscregional.org/lunch-program.html>. Most buses arrive in time for students to participate, and students have the option to "grab and go" if they would like to have the NDS breakfast at morning snack time.

Feel free to call or email if you have any questions or concerns.

Thank you for your cooperation!

Kitty Ratner

Hot Lunch Coordinator

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