


Summer 2022-Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
June 20  June 27 237 Turkey Salami & Cheese Sub Sandwich 705 Dragon Punch Vegetable Juice 670 Fresh Fruit 990 Chocolate Chip Cookie Milk Variety	June 21 227 Turkey Ham, Turkey Pepperoni & Cheese 601 Asiago Potato Salad 630 Dragon Punch Vegetable Juice 697 Bagged Sliced Apples Milk Variety June 28 205 Popcorn Chicken 611 Bagged Baby Carrots 546 Cheesy Pizza Hummus 752 Fruit Punch Juice 928 Goldfish Pretzels Milk Variety	June 22 239 Turkey Bologna & Cheese on Whole Grain Bun 619 Fresh Sliced Celery Sticks 633 Sunset Sip Vegetable Juice 647 Mandarin Orange Cup Milk Variety June 29 250 Torpedo Sandwich 601 Asiago Potato Salad 632 Wango Mango Vegetable Juice 697 Bagged Sliced Apples Milk Variety	June 23 205 Popcorn Chicken 708 Romaine Salad with Spinach & Chickpeas 670 Fresh Fruit 992 Oatmeal Cookie Milk Variety June 30 242 Chicken, Turkey Ham & Cheese Wedge Sandwich 706 Romaine Salad with Cherry Tomatoes 750 Apple Juice 936 Vanilla Bear Grahams Milk Variety	June 24 242 Chicken, Turkey Ham & Cheese Wedge Sandwich 631 Cherry Star Vegetable Juice 670 Fresh Fruit 941 Tostitos Scoops 620 Salsa Milk Variety July 1 404 Italian Combo Wrap 633 Sunset Sip Vegetable Juice 541 Chocolate Hummus 670 Fresh Fruit 932 Cinnamon Scooby Snacks Milk Variety
July 4 Happy 4th of July	July 5 228 Turkey Ham & Cheese Sub 601 Asiago Potato Salad 632 Wango Mango Vegetable Juice 670 Fresh Fruit Milk Variety	July 6 239 Turkey Bologna & Cheese on Whole Grain Bun 705 Dragon Punch Vegetable Juice 659 Watermelon Craisins 992 Oatmeal Cookie Milk Variety	July 7 205 Popcorn Chicken 708 Romaine Salad with Spinach & Chickpeas 652 Red Seedless Grapes 935 All Sports Grahams Milk Variety	July 8 237 Turkey Salami & Cheese Sub 631 Cherry Star Vegetable Juice 670 Fresh Fruit 941 Tostitos Scoops 620 Salsa Milk Variety
July 11 404 Italian Combo Wrap 611 Bagged Baby Carrots 541 Chocolate Hummus 752 Fruit Punch Juice 932 Cinnamon Scooby Snacks Milk Variety	July 12 227 Turkey Ham, Turkey Pepperoni & Cheese 601 Asiago Potato Salad 630 Dragon Punch Vegetable Juice 697 Bagged Sliced Apples Milk Variety	July 13 239 Turkey Bologna & Cheese on Whole Grain Bun 619 Fresh Sliced Celery Sticks 633 Sunset Sip Vegetable Juice 647 Mandarin Orange Cup Milk Variety	July 14 205 Popcorn Chicken 708 Romaine Salad with Spinach & Chickpeas 670 Fresh Fruit 992 Oatmeal Cookie Milk Variety	July 15 242 Chicken, Turkey Ham & Cheese Wedge Sandwich 631 Cherry Star Vegetable Juice 670 Fresh Fruit 941 Tostitos Scoops 620 Salsa Milk Variety
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Nutritional Development Services

Menu is subject to change, a variety of low fat and skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich., all items are pork-free.

Archdiocese of Philadelphia
222 N. 17th Street
Philadelphia, PA 19103
215-895-3470

 SummerMealsNDS

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www.nutritionaldevelopmentservices.org

PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

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