



## **Good Shepherd Home & School Association Webinar Series**

Please join us on the last Thursday of the month at 7 p.m. for a series of hour-long panel discussions addressing topics voted on by GSC parents.

### **February 25th @ 7 p.m.**

#### **"Family Wellness: Coping During a Pandemic"**

Abby Grasso, MSW - Executive Director, NAMI Montgomery County

Clare Higgins -Supervisor of Montgomery County Family Peer Support, Family Mentor and Advocacy Network

William La Valle, PsyD - Co-President of Quintessential Health and a Licensed Psychologist

Moira Tumelty - Director of Crisis Services, Montgomery County Mobile Crisis

### **March 25th @ 7 p.m.**

#### **"Encouraging Involvement: Finding the Right Outlet for Your Child"**

Mark Urmson - GSC Music and Art Faculty Member and GSC parent

Laura Miele, Ph.D. - Sport, Fitness, Recreation and Education Expert and GSC parent

Marilou Cassidy - Director, Choreographer, Instructor Cassidy Dance Studio

### **April 29th @ 7 p.m.**

#### **"Community Outreach: Engaging Your Family in Helping Others"**

Patti M. Duff, Angels in Motion - Volunteer Coordinator

Nikki Gillum-Clemmons, SHRM-CP - Human Capital Consultant and GSC parent

Andrea Gahagan, MSW - Clinical Supervisor; Outpatient Clinician and GSC parent

### **May 27th @ 7 p.m.**

#### **"Bullying: In-Person and Online"**

***TBD***